

AUGUST 2017



SHENANGO ELEMENTARY LUNCH MENU

What is a Meal?
You must choose at least 3 of the 5 components available for the school lunch price.
Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch
Meat or meat alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread
Choice of Milk - 1% white, and fat-free chocolate & white

Weekly Vegetable Subgroups May Include:
Dark green - spinach, broccoli, romaine and spring salad
Red/Orange - carrots, sweet potatoes, tomatoes, red peppers
Beans/Peas
Starchy - white potatoes, corn, and lima beans
Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Daily Fruit Selection May include:
oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges



Daily Entree Options include:
Garden Salad with Dinner Roll
PB&J Uncrustable with
String Cheese & Graham Snack Crackers

 **NEW** 
CRAVEABLES!
BUILD YOUR OWN PIZZA LUNCH KIT
(Flat bread, Sauce, Cheese & Pepperoni)



Lunch Prices
Student \$2.00
Reduced \$.40
Adult \$3.50

Director of Dining Services
Christine Bruno
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Monday	Tuesday	Wednesday	Thursday	Friday
		<p>23 Chicken Nuggets with a Dinner Roll American Deli Sub Sandwich Featured Veggies: Curly Fries Baby Carrots Choice of Fruit Choice of Milk</p>	<p>24 Hot Dog On a Bun Chicken Patty Sandwich Featured Veggies: Baked Beans Tater Tots Choice of Fruit Choice of Milk</p>	<p>25 Taco Salad Tortilla Chips Cheesy Pizza Featured Veggies: Steamed Corn Tomato & Cucumbers Choice of Fruit Choice of Milk</p>
<p>28 Chicken Tenders with a Dinner Roll Ham & Cheese On a Croissant Featured Veggies: Potato Smiles Green Beans Choice of Fruit Choice of Milk</p>	<p>29 Toasted Cheese Sandwich Beef & Cheese Taco On a Soft Tortilla Featured Veggies: Hash Browns Lettuce & Salsa Choice of Fruit Choice of Milk</p>	<p>30 Penne Pasta & Meatballs Garlic Bread Stick Cheeseburger On a Bun Featured Veggies: Italian Salad Cherry Tomatoes Choice of Fruit Choice of Milk</p>	<p>31 Mini Corn Dogs Stuffed Crust Pizza Featured Veggies: Oven Fries Hummus & Chips Choice of Fruit Choice of Milk</p>	

