

**JUNE
2017**



**SHENANGO
ELEMENTARY LUNCH MENU**

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price.

Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

Meat or meat alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread

Choice of Milk - 1% white, and fat-free chocolate & white

Weekly Vegetable Subgroups May Include:

Dark green - spinach, broccoli, romaine and spring salad

Red/Orange - carrots, sweet potatoes, tomatoes, red peppers

Beans/Peas

Starchy - white potatoes, corn, and lima beans

Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Daily Fruit Selection May Include:

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

Daily Entree Options include:

PB&J Uncrustable with String Cheese & Graham Snack



NEW!

BUILD YOUR OWN PIZZA LUNCH KIT
(Flat bread, Sauce, Cheese & Pepperoni)

Garden Salad with Dinner Roll

Monday



5

Taco Salad
Tortilla Chips

Toasted Cheese Sandwich

Featured Veggies:

Curly Fries
Steamed Corn
Choice of Fruit
Choice of Milk

Tuesday



6

Chicken Nuggets with a Dinner Roll

Hot Ham & Cheese On a Croissant

Featured Veggies:

Hash Browns
Steamed Vegetables
Choice of Fruit
Choice of Milk

Wednesday



PTO PICNIC

Grilled Burgers & Hot Dogs

Baked Beans
Veggie Pasta Salad
Watermelon
Lemonade

Frozen Orange Juice Bar



Thursday

1

Chicken Fries with a Dinner Roll

American Deli Sub

Featured Veggies:

Mashed Potatoes
Steamed Peas
Choice of Fruit
Choice of Milk

Friday

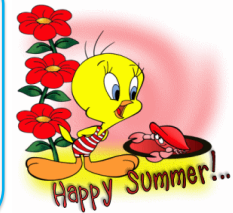
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Buffalo Chicken Salad with a Dinner Roll

Cheesy Pizza

Featured Veggies:

Oven Fries
Baby Carrots
Choice of Fruit
Choice of Milk



**HAVE A NICE
SUMMER
VACATION!**



Lunch Prices
Student \$2.00
Reduced \$3.40
Adult \$3.50

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