

**MAY
2017**



**SHENANGO
ELEMENTARY LUNCH MENU**

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price.

Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

Meat or meat alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread

Choice of Milk - 1% white, and fat-free chocolate & white

Weekly Vegetable Subgroups May Include:

Dark green - spinach, broccoli, romaine and spring salad

Red/Orange - carrots, sweet potatoes, tomatoes, red peppers

Beans/Peas

Starchy - white potatoes, corn, and lima beans

Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Daily Fruit Selection May Include:

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

Daily Entree Options include:

**PB&J Uncrustable with
String Cheese & Graham Snack**



NEW!

BUILD YOUR OWN PIZZA LUNCH KIT
(Flat bread, Sauce, Cheese & Pepperoni)

Garden Salad with Dinner Roll



Lunch Prices
Student \$2.00
Reduced \$.40
Adult \$3.50

Director of Dining Services
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USDA is an equal opportunity provider and employer.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Fruit & Yogurt Parfait with Grahams & Cheesestick</p> <p>Toasted Cheese Sandwich</p> <p>Featured Veggies: Curly Fries Baked Beans Choice of Fruit Choice of Milk</p>	<p>2</p> <p>Meatball & Cheese Sub Sandwich</p> <p>Turkey & Cheese Wrap</p> <p>Featured Veggies: Tater Tots Lettuce & Tomato Choice of Fruit Choice of Milk</p>	<p>3</p> <p>Chicken Fries with a Dinner Roll</p> <p>BBQ Pork Sandwich</p> <p>Featured Veggies: Mashed Potatoes Steamed Vegetables Choice of Fruit Choice of Milk</p>	<p>4</p> <p>Macaroni & Cheese with a Dinner Roll</p> <p>Sausage, Egg & Cheese On a Croissant</p> <p>Featured Veggies: Green Beans Coleslaw Choice of Fruit Choice of Milk</p>	<p>5</p> <p>Taco Salad Tortilla Chips</p> <p>Cheesy Pizza</p> <p>Featured Veggies: Steamed Corn Featured Fruit Juice Bar Choice of Fruit Choice of Milk</p>
<p>8</p> <p>Chicken Nuggets with a Dinner Roll</p> <p>Cheesy Pizza Sticks&Sauce</p> <p>Featured Veggies: Curly Fries Green Beans Choice of Fruit Choice of Milk</p>	<p>9</p> <p>Breakfast Pancake & Sausage On a Stick</p> <p>Chicken Patty Sandwich</p> <p>Featured Veggies: Hash Browns Baby Carrots Choice of Fruit Choice of Milk</p>	<p><i>Move It Outside Day!</i></p> <p>Penne Pasta & Meatballs Garlic Bread Stick</p> <p>American Deli Sub Sandwich</p> <p>Featured Veggies: Italian Salad Hummus & Chips Choice of Fruit Choice of Milk</p>	<p>11</p> <p>Beef & Cheese Taco On a Soft Tortilla</p> <p>Hot Dog On a Bun</p> <p>Featured Veggies: Steamed Corn Lettuce & Salsa Choice of Fruit Choice of Milk</p>	<p>12</p> <p>Cheeseburger On a Bun</p> <p>Pepperoni Pizza</p> <p>Featured Veggies: Tater Tots Steamed Broccoli Choice of Fruit Choice of Milk</p>
<p>15</p> <p>Mini Corn Dogs</p> <p>BBQ Rib Sandwich</p> <p>Featured Veggies: Baked Beans Oven Fries Choice of Fruit Choice of Milk</p>	<p>16</p> <p>French Toast Sticks with Sausage</p> <p>Turkey & Cheese Croissant</p> <p>Featured Veggies: Hash Browns Baby Carrots Choice of Fruit Choice of Milk</p>	<p>17</p> <p>Nacho's Grande Tortilla Chips</p> <p>Chicken Soft Taco On a Soft Tortilla</p> <p>Featured Veggies: Steamed Corn Lettuce & Salsa Choice of Fruit Choice of Milk</p>	<p>18</p> <p>Hot Ham & Cheese Sandwich</p> <p>Chicken Tenders with a Dinner Roll</p> <p>Featured Veggies: Mashed Potatoes Green Beans Choice of Fruit Choice of Milk</p>	<p>19</p> <p></p> <p>NO SCHOOL</p>
<p>22</p> <p>Fruit & Yogurt Parfait with Grahams & Cheesestick</p> <p>Hot Dog On a Bun</p> <p>Featured Veggies: Tater Tots Cherry Tomatoes Choice of Fruit Choice of Milk</p>	<p>23</p> <p>General Tso Chicken Over Rice</p> <p>Toasted Cheese Sandwich</p> <p>Featured Veggies: Steamed Broccoli Veggies & Dip Choice of Fruit Choice of Milk</p>	<p><i>Event Day Celebration!</i></p> <p>Penne Pasta & Meatballs Garlic Bread Stick</p> <p>Turkey, Ham & Cheese Wrap</p> <p>Featured Veggies: Romaine Salad Baby Carrots Choice of Fruit Choice of Milk</p>	<p>25</p> <p>Chicken Nuggets with a Dinner Roll</p> <p>Sloppy Joe Sandwich</p> <p>Featured Veggies: Mashed Potatoes Steamed Peas Choice of Fruit Choice of Milk</p>	<p>26</p> <p>Stuffed Crust Pizza</p> <p>Cheeseburger On a Bun</p> <p>Featured Veggies: Oven Fries Hummus & Chips Choice of Fruit Choice of Milk</p>
<p>29</p> <p></p> <p>NO SCHOOL</p>	<p>30</p> <p>Chicken Patty Sandwich</p> <p>Mini Corn Dogs</p> <p>Featured Veggies: Curly Fries Italian Salad Choice of Fruit Choice of Milk</p>	<p>31</p> <p>Nacho's Grande Tortilla Chips</p> <p>Chicken & Cheese Burrito On a Soft Tortilla</p> <p>Featured Veggies: Steamed Corn Lettuce & Salsa Choice of Fruit Choice of Milk</p>	<p>1</p> <p>Chicken Fries with a Dinner Roll</p> <p>American Deli Sub</p> <p>Featured Veggies: Mashed Potatoes Steamed Peas Choice of Fruit Choice of Milk</p>	<p>2</p> <p>Buffalo Chicken Salad with a Dinner Roll</p> <p>Cheesy Pizza</p> <p>Featured Veggies: Oven Fries Baby Carrots Choice of Fruit Choice of Milk</p>