



SHENANGO BREAKFAST MENU OCTOBER 2018



Monday	Tuesday	Wednesday	Thursday	Friday
October 1, 2018	October 2, 2018	October 3, 2018	October 4, 2018	October 5, 2018
CONFETTI PANCAKES or Assorted Cereals w/ Muffin Loaf Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	BREAKFAST PIZZA or Assorted Cereals w/ Muffin Loaf Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	YOGURT & GRAHAM CRACKERS or Assorted Cereals w/ Muffin Loaf Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	FRESH BAKED DONUT or Assorted Cereals w/ Muffin Loaf Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	 No School
October 8, 2018	October 9, 2018	October 10, 2018	October 11, 2018	October 12, 2018
 No School	BREAKFAST PIZZA or Assorted Cereals w/ Muffin Loaf Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	CHOCOLATE DONUT or Assorted Cereals w/ Muffin Loaf Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	APPLE CHURROS or Assorted Cereals w/ Muffin Loaf Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	MINI DONUTS or Assorted Cereals w/ Muffin Loaf Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
October 15, 2018	October 16, 2018	October 17, 2018	October 18, 2018	October 19, 2018
CINNAMON ROLL or Assorted Cereals w/ Muffin Loaf Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	BREAKFAST PIZZA or Assorted Cereals w/ Muffin Loaf Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	FRESH BAKED DONUT or Assorted Cereals w/ Muffin Loaf Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	STRAWBERRY POPTART or Assorted Cereals w/ Muffin Loaf Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	MINI DONUTS or Assorted Cereals w/ Muffin Loaf Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
October 22, 2018	October 23, 2018	October 24, 2018	October 25, 2018	October 26, 2018
FUNNEL CAKE or Assorted Cereals w/ Muffin Loaf Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	BREAKFAST PIZZA or Assorted Cereals w/ Muffin Loaf Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	 APPLE STRUDEL or Assorted Cereals w/ Muffin Loaf Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	YOGURT & GRAHAM CRACKERS or Assorted Cereals w/ Muffin Loaf Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	MINI DONUTS or Assorted Cereals w/ Muffin Loaf Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
October 29, 2018	October 30, 2018	October 31, 2018		
MINI WAFFLES or Assorted Cereals w/ Muffin Loaf Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	BREAKFAST PIZZA or Assorted Cereals w/ Muffin Loaf Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	BOO BERRY PANCAKES or Assorted Cereals w/ Muffin Loaf Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	 Happy Halloween!	
Student Paid Breakfast \$1.25		Student Reduced Breakfast \$0.30		

WHOLE GRAIN CEREAL SELECTION MAY INCLUDE:

Reduced Sugar Cinnamon Toast Crunch

 Reduced Sugar Coco Puffs

 Lucky Charms



What is a Meal?

You must choose at least 3 of 4 components available for the school breakfast price. Choice of grain or grain/protein, choice of fruit, and choice of milk

1% White, Fat Free White
Fat Free Chocolate

FRUIT MAY INCLUDE

You must choose at least 1/2 cup!
Canned peaches, applesauce, canned pears, canned pineapple, fruit cocktail, canned mandarin oranges, 100% juice, fresh fruit selection

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Menu Subject to change

Deposits for meals may be made online at www.payschoolscentral.com

This institution is an equal opportunity provider