

FEBRUARY 2019



SHENANGO ELEMENTARY LUNCH MENU

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price.

Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

Meat or meat alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread

Choice of Milk - 1% white, and fat-free chocolate & white

Weekly Vegetable Subgroups May Include:
Dark green - spinach, broccoli, romaine and spring salad

Red/Orange - carrots, sweet potatoes, tomatoes, red peppers

Beans/Peas

Starchy - white potatoes, corn, and lima beans

Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Daily Fruit Selection May Include:

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

Daily Entree Options include:

Garden Salad with Dinner Roll

PB&J Uncrustable with

String Cheese & Crackers



BUILD YOUR OWN PIZZA LUNCH KIT
(Flat bread, Sauce, Cheese & Pepperoni)



Lunch Prices
Student \$2.00
Reduced \$.40
Adult \$3.50

Director of Dining Services
Christine Bruno
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www.payschoolscentral.com For online cafeteria payments

USDA is an equal opportunity provider and employer.

Menu Subject to Change

Monday



4

Cheeseburger
on a Bun

Beef & Cheese
Soft Taco

Featured Veggies:

Tater Tots
Lettuce & Tomato
Choice of Fruit
Choice of Milk

11

Popcorn Chicken
with a Dinner Roll

Meatball & Cheese Sub

Featured Veggies:

Potato Smiles
Italian Salad
Choice of Fruit
Choice of Milk

18



No School

25

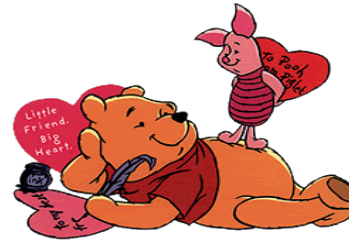
Lucky Tray Day!!
Toasted Cheese Sandwich

Chicken Patty
Sandwich

Featured Veggies:

Potato Smiles
Tomato Soup
Choice of Fruit
Choice of Milk

Tuesday



5

Personal Pan Pizza

Hot Ham & Cheese
Sandwich

Featured Veggies:

Cheesy Broccoli
Baby Carrots
Choice of Fruit
Choice of Milk

12

French Toast Sticks
w/Sausage

Pancake & Sausage Stick

Featured Veggies:

Triangle Potatoes
Baby Carrots
Choice of Fruit
Choice of Milk

19

Cheeseburger
On a Bun

Popcorn Shrimp
with a Dinner Roll

Featured Veggies:

Curly Fries
Baked Beans
Choice of Fruit
Choice of Milk

26

Chicken Nuggets
with a Dinner Roll

Sloppy Joe
On a Bun

Featured Veggies:

Pierogies
Green Beans
Choice of Fruit
Choice of Milk

Wednesday

6

Penne Pasta & Meatballs
Garlic Bread Stick

Toasted Cheese
Sandwich

Featured Veggies:

Garden Salad
Cucumber Slices
Choice of Fruit
Choice of Milk

13

Nachos Grande
Tortilla Chips

Toasted Cheese
Sandwich

Featured Veggies:

Steamed Corn
Lettuce & Salsa
Choice of Fruit
Choice of Milk

20

Penne Pasta & Meatballs
Garlic Bread Stick

Sausage, Egg & Cheese
Croissant

Featured Veggies:

Italian Salad
Cherry Tomatoes
Choice of Fruit
Choice of Milk

27

Nachos Grande
Tortilla Chips

Fruit & Yogurt Parfait
w/ Grahams & Cheesestick

Featured Veggies:

Steamed Corn
Lettuce & Salsa
Choice of Fruit
Choice of Milk

Thursday



7

Chicken Fries
with a Dinner Roll

Fish Nuggets
with a Dinner Roll

Featured Veggies:

Mashed Potatoes
Steamed Carrots
Choice of Fruit
Choice of Milk

14

Stuffed Crust Pizza



Mini Corn Dogs

Featured Veggies:

Potato Wedges
Green Beans
Valentine Cookie
Choice of Milk & Juice

21

Chicken Tenders
with a Dinner Roll

BBQ Rib
Sandwich

Featured Veggies:

Mashed Potatoes
Steamed Peas & Carrots
Choice of Fruit
Choice of Milk

28

General Tso Chicken
over Rice

Cheese Sticks w/Sauce

Featured Veggies:

Steamed Broccoli
Hummus & Chips
Choice of Fruit
Choice of Milk

Friday

1

Chicken Patty Sandwich
w/Lettuce & Pickles

Cheesy
Pizza

Featured Veggies:

Oven Fries
Green Beans
Choice of Fruit
Choice of Milk

8

Hot Dog
On a Bun

Pepperoni Pizza

Featured Veggies:

Oven Fries
Baked Beans
Choice of Fruit
Choice of Milk

15



No School

22

Crunchy Tacos
Tortilla Chips

Cheesy Pizza

Featured Veggies:

Tater Tots
Lettuce & Salsa
Choice of Fruit
Choice of Milk