

**APRIL  
2019**



**SHENANGO  
ELEMENTARY LUNCH MENU**

**What is a Meal?**

You must choose at least 3 of the 5 components available for the school lunch price.

**Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch**

Meat or meat alternate  
Choice of Vegetable  
Choice of Fruit  
Grain/Bread

Choice of Milk - 1% white, and fat-free chocolate & white

**Weekly Vegetable Subgroups May Include:**

**Dark green** - spinach, broccoli, romaine and spring salad

**Red/Orange** - carrots, sweet potatoes, tomatoes, red peppers

**Beans/Peas**

**Starchy** - white potatoes, corn, and lima beans

**Other Vegetables:** celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

**Daily Fruit Selection May Include:**

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

**Daily Entree Options include:**

**Garden Salad with Dinner Roll**

**PB&J Uncrustable with**

**String Cheese & Crackers**



**BUILD YOUR OWN PIZZA LUNCH KIT**  
(Flat bread, Sauce, Cheese & Pepperoni)



Lunch Prices  
Student \$2.00  
Reduced \$.40  
Adult \$3.50




Director of Dining Services  
**Christine Bruno**  
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[www.payschoolscentral.com](http://www.payschoolscentral.com) For online cafeteria payments

USDA is an equal opportunity provider and employer.

Menu Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>1</b> Hot Dog on a Bun</p> <p>Fish Nuggets with a Dinner Roll</p> <p><b>Featured Veggies:</b> Onion Rings Baked Beans Choice of Fruit Choice of Milk</p>	<p><b>2</b> Waffles with Sausage</p> <p>Turkey &amp; Cheese Sandwich</p> <p><b>Featured Veggies:</b> Triangle Potatoes Baby Carrots Choice of Fruit Choice of Milk</p>	<p><b>3</b> Nachos Grande Tortilla Chips</p> <p>Cheesy Quesadilla</p> <p><b>Featured Veggies:</b> Steamed Corn Lettuce &amp; Salsa Choice of Fruit Choice of Milk</p>	<p><b>4</b> Chicken Tenders with a Dinner Roll</p> <p>American Deli Sub Sandwich</p> <p><b>Featured Veggies:</b> Oven Fries Cauliflower &amp; Broccoli Choice of Fruit Choice of Milk</p>	<p><b>5</b> Macaroni &amp; Cheese with a Dinner Roll</p> <p>Stuffed Crust Pizza</p> <p><b>Featured Veggies:</b> Steamed Vegetables Cherry Tomatoes Choice of Fruit Choice of Milk</p>
<p><b>8</b> Taco Salad with Tortilla Chips</p> <p>Mini Corn Dogs</p> <p><b>Featured Veggies:</b> Steamed Corn Cherry Tomatoes Choice of Fruit Choice of Milk</p>	<p><b>9</b> <b>LUCKY TRAY DAY!</b> Toasted Cheese Sandwich</p> <p>Sloppy Joe Sandwich</p> <p><b>Featured Veggies:</b> Potato Smiles Hummus &amp; Chips Choice of Fruit Choice of Milk</p>	<p><b>10</b> Penne Pasta &amp; Meatballs Garlic Bread Stick</p> <p>Cheeseburger w/Lettuce &amp; Pickles</p> <p><b>Featured Veggies:</b> Italian Salad Sliced Cucumbers Choice of Fruit Choice of Milk</p>	<p><b>11</b> Chicken Fries with a Dinner Roll</p> <p>BBQ Pulled Pork Sandwich</p> <p><b>Featured Veggies:</b> Mashed Potatoes Steamed Carrots Choice of Fruit Choice of Milk</p>	<p><b>12</b> Popcorn Shrimp with a Dinner Roll</p> <p>Cheesy Pizza</p> <p><b>Featured Veggies:</b> Curly Fries Coleslaw Choice of Fruit Choice of Milk</p>
<p><b>15</b> General Tso Chicken over Rice</p> <p>Fruit &amp; Yogurt Parfait w/ Grahams &amp; Cheesestick</p> <p><b>Featured Veggies:</b> Steamed Broccoli Baby Carrots Choice of Fruit Choice of Milk</p>	<p><b>16</b> French Toast Sticks w/Sausage</p> <p>Pancake &amp; Sausage Stick</p> <p><b>Featured Veggies:</b> Triangle Potatoes Cherry Tomatoes Choice of Fruit Choice of Milk</p>	<p><b>17</b> Nachos Grande Tortilla Chips</p> <p>Hot Dog on a Bun</p> <p><b>Featured Veggies:</b> Steamed Corn Lettuce &amp; Salsa Choice of Fruit Choice of Milk</p>	<p><b>18</b> Buffalo Chicken Pizza</p> <p>Pepperoni Pizza</p> <p><b>Featured Veggies:</b> Potato Wedges Garden Salad Choice of Fruit Choice of Milk</p>	<p><b>19</b>  No School</p>
<p><b>22</b> <b>Earth Day</b>  No School</p>	<p><b>23</b> Mini Corn Dogs</p> <p>Cowboy Burger Onion Rings, BBQ &amp; Cheese</p> <p><b>Featured Veggies:</b> Curly Fries Cheesy Broccoli Choice of Fruit Choice of Milk</p>	<p><b>24</b> Penne Pasta &amp; Meatballs Garlic Bread Stick</p> <p>Toasted Cheese Sandwich</p> <p><b>Featured Veggies:</b> Spinach Salad Cherry Tomatoes Choice of Fruit Choice of Milk</p>	<p><b>25</b> Chicken Tenders with a Dinner Roll</p> <p>Hot Ham &amp; Cheese on a Pretzel Bun</p> <p><b>Featured Veggies:</b> Mashed Potatoes Steamed Corn Choice of Fruit Choice of Milk</p>	<p><b>26</b> Crunchy Tacos Tortilla Chips</p> <p>Cheesy Pizza</p> <p><b>Featured Veggies:</b> Tater Tots Lettuce &amp; Salsa Choice of Fruit Choice of Milk</p>
<p><b>29</b> Meatball &amp; Cheese Sub Sandwich</p> <p>Chicken Patty Sandwich</p> <p><b>Featured Veggies:</b> Steamed Vegetables Garden Salad Choice of Fruit Choice of Milk</p>	<p><b>30</b> Chicken Nuggets with a Dinner Roll</p> <p>BBQ Rib Sandwich</p> <p><b>Featured Veggies:</b> Potato Smiles Veggies &amp; Dip Choice of Fruit Choice of Milk</p>	<p></p>		